



**A Clinical Conversation:
Redefining the Hospice and Palliative Care Patient in Primary Care**

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This activity has been designed for family physicians, and other primary care physicians, and their team members. It is developed to assist clinicians in redefining their approach to patients in the palliative and hospice care setting.

Needs Statement: Thanks to modern medicine, people are living longer with many chronic and advanced illnesses. Palliative care was specifically designed to provide continuity of care and a level of coordination that responds to the episodic and long-term nature of these illnesses. Palliative care focuses on relieving pain and suffering, improving communication with patients and families, and informed decision-making regardless of prognosis or eligibility for hospice care.

According to the National Consensus Project (NCP) for Quality Palliative Care, Second Edition (2009), "Palliative care assists increasing numbers of people with chronic, debilitating, and life-limiting illnesses. A growing number of programs provide this care in a variety of settings: hospitals, outpatient settings, community programs within home health agencies and hospice."

Sponsored by the California Academy of Family Physicians, in collaboration with the American Academy of Hospice and Palliative Medicine, and supported by an educational grant from PriCara®, Division of Ortho-McNeil- Janssen Pharmaceuticals, Inc.

Learning Objectives: After completing this program, learners should be able to:

- Identify the large and growing population of patients with serious and/or life-threatening illness who would benefit from palliative care and/or hospice, who are predominantly managed in the primary care setting.
- Work with patients to develop treatment plans that include prescribing effective and appropriate pain medications based on current consensus guidelines, with attention to methods for risk stratification and improving outcomes by balancing goals of efficacy with risk of adverse effects.
- Incorporate the legal and ethical requirements of pain management, including use of validated pain scales for assessment, improved patient communication, appropriate documentation and careful observation of outcomes into practice.

Sponsor/Accreditation Statement: The California Academy of Family Physicians is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CME Credit: The California Academy of Family Physicians designates this educational activity for a maximum of 1 *AMA PRA Category 1 Credit(s)*.[™] Physicians should only claim credit commensurate with the extent of their participation in the activity.

A Clinical Conversation: Redefining the Hospice and Palliative Care Patient in Primary Care has been reviewed and is acceptable for up to 1 Prescribed credit by the American Academy of Family Physicians. AAFP accreditation begins 11.08.10. Term of approval is for one year from this date.

Conflict of Interest Statements: The CAFP Committees on Continuing Professional Development and Scientific Program are responsible for management and resolution of conflict for any individual who may have influence on content, who have serve as faculty, or who may produce CME/CPD content for the CAFP. Management/Resolution may include learner notification, peer review of content before presentation, requirement of EB-CME, changing topics, or even dismissing a potential faculty member.

It is the policy of the CAFP to ensure independence, balance, objectivity, scientific rigor, and integrity in all of their continuing education activities.

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Any medications or treatment methods suggested in this CME activity should not be used by the practitioner without evaluation of their patient's condition(s) and possible contraindication(s) or danger(s) of use of any specific medication.

Drs. Galluzzi, Paul Tatum and Stephen Leedy declare that during the past 12 months they have had no financial relationships with commercial entities. Dr. Charles Argoff declares that during the past 12 months he has received honoraria and grant support from Endo Pharmaceuticals, Lilly and Forest Labs, and honoraria from Pfizer and PriCara. Activity planners, Ms. Cynthia Kear, Ms. Jerri Davis and Ms. Julie Bruno declare that during the past 12 months they have had no financial relationships with commercial entities.

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Faculty for this Activity:



Katherine Galluzzi, DO, CMD, FACOFPP

Professor and Chair, Department of Geriatrics

Philadelphia College of Osteopathic Medicine
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Dr Galluzzi is Chair of the Department of Geriatrics at the Philadelphia College of Osteopathic Medicine in Pennsylvania. Dr Galluzzi received her medical degree from the West Virginia School of Osteopathic Medicine in Lewisburg and completed a rotating internship and family medicine residency at Kennedy Memorial Hospitals-University Medical Center of the University of Medicine and Dentistry of New Jersey School of Osteopathic Medicine. She completed a clinical fellowship in geriatrics at the University of Pennsylvania Center for the Study of Aging in Philadelphia and a faculty development fellowship at Temple University School of Medicine also in Philadelphia. Dr Galluzzi is a certified medical director (CMD) in long-term care through the American Medical Directors Association Certification Program, holds a Certificate of Added Qualification in geriatrics, was recently recertified in family medicine, and is certified as a diplomate of the American Board of Hospice and Palliative Medicine. She is also a distinguished fellow of the American College of Osteopathic Family Physicians (ACOFP), a fellow of the College of Physicians of Philadelphia, and serves on several ACOFP committees including Chair of the Program Committee.



Charles Argoff, MD

Professor of Neurology and Director and Comprehensive Pain Program
Albany Medical College
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Dr. Argoff is Professor of Neurology, Albany Medical College; Director, Comprehensive Pain Program, Albany Medical Center, Albany, NY. He is a graduate of Northwestern University Medical School and served his internship in medicine and his residency in neurology at the State University of New York at Stony Brook in Stony Brook, New York. He is certified by the American Board of Psychiatry and Neurology and the American Board of Pain Medicine. Dr. Argoff is an active educator in the field of pain management and has contributed numerous didactic pieces to the literature in this area.



Stephen Leedy, MD

Executive Vice President, Medical Services and Chief Medical Officer
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Dr. Leedy is a Fellow of the American Academy of Hospice and Palliative Medicine, board-certified in family medicine with subspecialty certification in Hospice and Palliative Medicine, and he is a Certified Hospice Administrator. He earned his Doctor of Medicine degree at The Ohio State University College of Medicine in Columbus, Ohio and completed a Family Medicine Residency at Northwestern University in Chicago, Illinois. Dr. Leedy began his medical career as the founder of Lincoln Park Family Physicians in Chicago, Illinois. He held clinical instructor positions at Northwestern University and the University of Illinois at Chicago. Dr. Leedy has had original research articles on end-of-life care published in the Journal of Palliative Medicine and he has presented at state, national, and international conferences and completed his Family Medicine Residency as well as a Fellowship in Family Medicine and Geriatric Medicine at the University of Missouri-Columbia.



Paul Tatum, III, MD

Assistant Professor of Clinical Family and Community Medicine
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Dr. Tatum is Assistant Professor in the Department of Family and Community Medicine at the University of Missouri-Columbia. Dr Tatum is a Fellow in the American Academy of Hospice and Palliative Medicine, Diplomat in both the American Academy of Hospice and Palliative Medicine and American Board of Family Medicine. He has two Certificates of Added Qualification in both Geriatric Medicine and Hospice and Palliative Medicine. He earned his Doctor of Medicine degree at the University of Texas Health Science Center in San Antonio, Texas. He completed both a Family Practice Residency and an Academic Fellowship in Family Medicine and Geriatric Medicine at the University of Missouri-Columbia. Dr. Tatum received his Post-Doctorate training in Hospice and Palliative Care at the University of Colorado/Hospice Metro Denver.

Dr. Tatum participated as a member of the content development team, but not as part of this faculty panel.

Evaluation and Outcomes: Evaluation and Outcomes will be included in this activity, with Level 4, based on clinical vignettes serving as the measurement basis. Our goals for the live and on-demand activities is to determine whether learners: have referred more patients to hospice care; have they identified palliative care providers in their community; have changed their prescribing practices; and have improved communication with their patients about hospice and palliative care. **Successful completion of the post-test and activity evaluation are required for CME credits.**