



## Listening to the Voices: Patient Perspectives on Bladder Problems

URL: <http://event.on24.com/r.htm?e=211579&s=1&k=6863826C630439DDCE80A3E6E6E7AA8E>

This activity has been designed for family physicians, and other primary care physicians, OB-Gyn, urologists and their team members. It is developed to assist clinicians in understanding the impact of OAB on patients, screening and diagnosing for urinary disorders including OAB, and providing appropriate behavioral and pharmacologic treatment options.

**Needs Statement:** More than 33 million people suffer from problems related to overactive bladder (OAB). Patients believe that leaking urine is just a normal part of aging and are embarrassed to discuss what they perceive to be personal hygiene issues. They would rather live with the consequences than talk to their health care clinician. In turn, clinicians are reluctant to screen for OAB, as they believe treatment risks outweigh the benefits or are ineffective. In order to improve the care of patients with OAB clinicians must understand the impact of OAB on patients, screen and diagnose for urinary disorders including OAB, and provide appropriate behavioral and pharmacologic treatment options.

Sponsored by the California Academy of Family Physicians and supported by an educational grant from Pfizer. This program is part of Successful Strategies to Support your Overactive Bladder Patients (SSSOP), a multi-organizational education initiative designed to provide physicians and healthcare professionals with effective strategies targeted to support patients with overactive bladder issues and bladder health.

Please go to [www.successfulstrategiesforoab.org/](http://www.successfulstrategiesforoab.org/) for more information.

**Learning Objectives:** After completing this program, learners should be able to:

- Demonstrate appropriate communication techniques to elicit information from patients about urinary issues;
- Identify a systematic approach to assessing and diagnosing OAB;
- Identify appropriate behavioral and medical treatments for OAB; and
- Describe situations in which patients with OAB should be referred to specialty care.

**Sponsor/Accreditation Statement:** The California Academy of Family Physicians is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**CME Credit:** The California Academy of Family Physicians designates this educational activity for a maximum of 1 *AMA PRA Category 1 Credit(s)*.<sup>TM</sup> Physicians should only claim credit commensurate with the extent of their participation in the activity.

Listening to the Voices: Patient Perspectives on Bladder Problems has been reviewed and is acceptable for up to 1 Prescribed credit by the American Academy of Family Physicians. AAFP accreditation begins 10.10.10. Term of approval is for one year from this date.

**Conflict of Interest Statements:** The CAFPP Committees on Continuing Professional Development and Scientific Program are responsible for management and resolution of conflict for any individual who may

have influence on content, who have served as faculty, or who may produce CME/CPD content for the CAFP. Management/Resolution may include learner notification, peer review of content before presentation, requirement of EB-CME, changing topics, or even dismissing a potential faculty member.

It is the policy of the CAFP to ensure independence, balance, objectivity, scientific rigor, and integrity in all of their continuing education activities.

The CAFP has made all reasonable efforts to ensure that information contained herein is accurate in accordance with the latest available scientific knowledge at the time of accreditation of this continuing education program. Information regarding drugs (e.g., their administration, dosages, contraindications, adverse reactions, interactions, special warnings, and precautions) and drug delivery systems is subject to change, however, and the reader is advised to check the manufacturer's package insert for information concerning recommended dosage and potential problems or cautions prior to dispensing or administering the drug or using the drug delivery systems.

Approval of credit for this continuing education program does not imply endorsement by CAFP of any product or manufacturer identified.

Any medications or treatment methods suggested in this CME activity should not be used by the practitioner without evaluation of their patient's condition(s) and possible contraindication(s) or danger(s) of use of any specific medication.

Dr. Galluzzi, Ms. Abrams and Mr. Rodriguez declare that during the past 12 months they have had no financial relationships with commercial entities. Activity planners, Dr. Geoff Leung, Ms. Jerri Davis, Ms. Cynthia Kear, and Ms. Mary Ales also declare that during the past 12 months they have had no financial relationships with commercial entities.

**Support grant/s from:** This activity is supported by educational grants from Astellas and Pfizer.

**Faculty and Panel for this Activity:**



**Katherine Galluzzi, DO, CMD, FACOPF**

Professor and Chair, Department of Geriatrics  
Philadelphia College of Osteopathic Medicine  
Philadelphia, Pennsylvania

Dr Galluzzi is Chair of the Department of Geriatrics at the Philadelphia College of Osteopathic Medicine in Pennsylvania. Dr Galluzzi received her medical degree from the West Virginia School of Osteopathic Medicine in Lewisburg and completed a rotating internship and family medicine residency at Kennedy Memorial Hospitals-University Medical Center of the University of Medicine and Dentistry of New Jersey School of Osteopathic Medicine. She completed a clinical fellowship in geriatrics at the University of Pennsylvania Center for the Study of Aging in Philadelphia and a faculty development fellowship at Temple University School of Medicine also in Philadelphia. Dr Galluzzi is a certified medical director (CMD) in long-term care through the American Medical Directors Association Certification Program,

holds a Certificate of Added Qualification in geriatrics, was recently recertified in family medicine, and is certified as a diplomate of the American Board of Hospice and Palliative Medicine. She is also a distinguished fellow of the American College of Osteopathic Family Physicians (ACOFP), a fellow of the College of Physicians of Philadelphia, and serves on several ACOFP committees including Chair of the Program Committee.



**Martha Abrams**

She retired from a career in public affairs for the U.S. government six years ago and now works part-time as a teaching assistant and standardized patient at the University of Wisconsin.



**Eddie Rodriguez, JD**

Eddie Rodriguez, JD, graduated from Loyola-Marymount University in 1976, with a major in philosophy. He attended Hastings College of the Law and graduated in 1979 with a focus on taxation; his advanced law studies were completed at Georgetown. Eddie has worked in both the corporate and non-profit worlds, specializing in tax, joint ventures, and most recently development of low-moderate income housing. He currently serves on the Board of Directors of Groundspark, an educational foundation in San Francisco, and served for 12 years on the Board of Directors Conard House, a mental health service organization in San Francisco.

**Evaluation and Outcomes:** Evaluation and Outcomes will be included in this activity, with Level 4, based on clinical vignettes serving as the measurement basis. Learners will answer the same vignettes as those from the tandem activity on rural health, and Healthcare Performance consulting will work with CAFP on this portion of the project. **Successful completion of the post-test and activity evaluation are required for CME credits.**



This activity is part of a seven partner collaboration including American Urological Association, American Urogynecologic Society, CAFP, Interstate Postgraduate Medical Association, Healthcare Performance Consulting, University of Cincinnati, and University of North Texas.